

Sports Policy



Sai Tirupati University

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0		Issued for Implementation
Rev.	Date:	Description
SAI TIRUPATI UNIVERSITY UDAIPUR		Sports Policy

1. Introduction



Sai Tirupati University (STU) is dedicated to integrating athletic pursuits with academic excellence. Participation in sports cultivates teamwork, leadership, discipline, and a healthy lifestyle. This policy sets forth a framework to provide comprehensive facilities, encourage broad participation, and recognize athletic achievement across the university community.

2. Objectives

- Encourage regular engagement in physical activities to enhance fitness, reduce stress, and support academic performance.
- Provide opportunities for students to develop collaboration, resilience, and leadership skills through organized sports and recreational activities.
- Ensure availability of sports facilities that enable participation in a variety of games and fitness programs.
- Guarantee equitable entry to sports programs for all students, faculty, and staff, irrespective of gender, background, or ability.
- Represent STU in inter-university competitions and community events, strengthening university visibility and cohesion.

3. Governance and Roles

3.1 University Sports Committee (USC)

The committee oversees policy implementation, resource allocation, and monitoring of sports activities. Membership includes:

- Chairperson: Dean of Student Affairs (or designated nominee)
- Member Secretary: Physical Education Coordinator
- Faculty Representative: One faculty member appointed by the Dean
- Student Representatives: Two elected student members (one male, one female)
- Medical Representative: One member from the University Hospital/Physiotherapy.

3.1.1 Responsibilities

- Chairperson: Approve policy directives, review annual sports reports, and provide strategic guidance.
- Member Secretary: Coordinate daily sports operations, oversee budget allocation, and convene USC meetings each quarter.
- Faculty Representative: Serve as liaison between departments and the USC, support event organization, and advocate facility needs.
- Student Representatives: Collect community feedback, promote events, and assist in planning.
- Medical Representative: Advise on health protocols, oversee first-aid provisions, and manage injury procedures.

4. Infrastructure and Facilities

STU will maintain a range of sports facilities to support diverse activities:

1. Outdoor Facilities

- **Multi-Use Playing Field**
 - Designed for Outdoor Sports like basketball, volleyball, athletics Basketball and other sports activities.
 - Adequate lighting for afternoon and evening use.

○ **Ground Maintenance**

- Regular levelling, turf care, and field marking, conducted on a scheduled basis.

2. Indoor Facilities

- **Multipurpose Hall**
 - Configurable space for badminton (port-a-nets for two courts), table tennis (two tables), Chess, Carrom, group fitness (yoga, aerobics) and other indoor games.
- **Fitness Corner**
 - Equipped with free weights (dumbbells), resistance bands, exercise mats, and at least one cardio machine (e.g., treadmill or exercise bike). -GYM

3. Support Amenities

- **Changing and Locker Area**
 - Benches, assigned lockers, and access to washrooms and showers.
- **First-Aid and Medical Station**



- Comprehensive kit containing bandages, antiseptic supplies, splint materials, ice packs, and emergency contact information prominently displayed.

4. Ongoing Maintenance

- **Equipment Inventory**
 - The Physical Education Coordinator maintains a detailed log of all equipment (balls, nets, racquets) and schedules necessary repairs or replacements.
- **Facility Inspections**
 - Conduct inspections quarterly for playing surfaces, gym equipment, and medical supplies to ensure safety and functionality.
- **Safety Measures**
 - Mandatory use of protective gear for relevant sports (e.g., helmets, pads).
 - Clear signage indicating facility rules, emergency exits, and emergency response procedures.

5. Sports Activities and Programs

5.1 Open Play and Supervised Sessions

- **Operating Hours:** Monday–Saturday, 4:00 pm to 7:00 pm (adjusted during examination periods as required).
- **Supervision:** The Physical Education Coordinator (or a designated student volunteer) ensures proper use of facilities, maintains attendance records, and addresses any immediate needs.

5.2 Intra-University Competitions

- **Annual Sports Day (One-Day Event)**
 - **Track Events:** 100 m, 200 m, 400 m sprints; 4 × 100 m relay; 1 km fun run.
 - **Field Events:** Long jump and shot put (subject to availability of equipment).
 - **Team Tournaments:** Cricket (20 overs per side), football (7-a-side), volleyball.
 - **Awards:** Medals and certificates for top three finishers in each event.
- **Inter-Departmental Tournaments**
 - Departments form teams to compete in cricket (10 overs), basketball (half-court 5-a-side), and badminton (doubles).
 - Matches scheduled over consecutive weekends in a knockout format.
 - Champion teams receive certificates and recognition at a felicitation ceremony.

5.3 Inter-University Engagement (Subject to Available Resources)

- **Selection Process**
 - Trials conducted once per semester to select teams for regional competitions (e.g., Udaipur Inter-College Basketball Cup).
 - Selection based on performance metrics during trial matches and assessment by coaches.
- **Support Provided**
 - Travel support (train or bus) for up to 12 team members, contingent on USC approval and budget availability.
 - Academic accommodations for students representing STU in official competitions.

6. Participant Roles and Responsibilities

1. **Students and Athletes**
 - Register each semester to access sports facilities and programs. Registration may be completed online or via a paper form.
 - Sign in and out of sports areas, follow facility schedules, and return borrowed equipment in the issued condition.
 - Provide relevant health information (e.g., chronic conditions, previous injuries) to the Coordinator before participating in organized events.
 - Adhere to the Code of Conduct during all sports activities.
2. **Physical Education Coordinator**
 - Maintain attendance logs, manage equipment inventory, and coordinate repairs or replacements.
 - Organize scheduling for open-play hours and coordinate Intra-University events and trial sessions for Inter-University teams.



- Facilitate liaison with external organizers when STU teams participate in off-campus competitions.
- 3. **Student Volunteers**
 - Assist the Coordinator in monitoring facility usage, ensuring equitable access, and collecting user feedback.
 - Support event logistics, including setup, marking, equipment distribution, and event cleanup.
- 4. **Faculty Representative**
 - Communicate departmental needs to the USC, advocate for student-athlete academic support, and assist in event planning and oversight.
- 5. **Medical Representative**
 - Oversee maintenance of medical supplies, guide emergency response procedures, and advise on injury prevention strategies.

7. Funding and Resource Allocation

- a. **Annual Budget**
 - A dedicated allocation is reserved for sports activities. This funding supports:
 - Acquisition and maintenance of sports equipment (e.g., balls, nets, racquets, athletics gear).
 - Field maintenance (turf care, leveling, marking).
 - Enhancement of Fitness Corner (upkeep of mats, replacement of worn-out equipment).
 - Medals, certificates, and refreshments for Annual Sports Day.
 - Partial travel subsidy for Inter-University teams.
- b. **Budget Oversight**
 - The USC (Chairperson and Member Secretary) jointly approves all expenditures up to ₹50,000. Expenses exceeding this threshold require Vice Chancellor's authorization.
 - Procurement adheres to STU's vendor selection and quotation procedures, ensuring transparency and competitive pricing.
- c. **Cost-Optimization Measures**
 - Solicit donations of lightly used equipment from alumni, local sports clubs, or partnering organizations.
 - Leverage student volunteers for event organization to minimize staffing costs.
 - Use digital communication channels (email, social media) to promote events, reducing the need for printed materials.

8. Academic Support for Student-Athletes

- a. **Attendance Accommodations**
 - Student-athletes selected for official Inter-University events receive excused absences (up to 10 days per semester) without academic penalty, upon submission of official participation documentation.
- b. **Assignment Extensions and Makeup Examinations**
 - Faculty shall grant reasonable extensions or offer alternate examination dates when student-athletes submit evidence of participation at least one week in advance.
- c. **Academic Advisory Cell for Athletes**
 - The Cell, staffed by volunteer faculty, provides guidance on time management, course planning, and balancing athletic commitments with academic requirements.

9. Code of Conduct

- a. **Ethical Standards**
 - Demonstrate respect, fairness, and integrity in all sports interactions.
 - Refrain from unsportsmanlike conduct, including match-fixing, deception, or unsanctioned substitutions.
- b. **Facility Usage Etiquette**
 - Wear appropriate athletic attire (T-shirt, shorts or track pants, closed sports shoes) at all times.
 - Return all equipment in good working condition. Report any damage immediately to the Coordinator.
 - Maintain cleanliness: dispose of waste in designated bins and avoid spitting or littering.
- c. **Behavioral Expectations**
 - Any form of harassment, verbal abuse, or discriminatory remarks toward participants, coaches, volunteers, or officials is prohibited.
 - Use of alcohol, tobacco, or prohibited substances in sports zones is strictly forbidden.
 - Respect event schedules and rulings; appeals may be submitted to the USC within seven days of any official decision.
- d. **Disciplinary Framework**
 - First Violation: Written warning issued by the Coordinator.



- Second Violation: Suspension from facility access for up to two weeks.
- Third Violation: Escalation to the Dean of Student Affairs; potential suspension from all sports activities for the remainder of the semester.

10. Medical Support and Safety

- a. **Health Disclosure**
 - Participants complete a Health Declaration Form each semester to inform the Coordinator of any chronic conditions or prior injuries.
- b. **First-Aid Provision**
 - A fully stocked First-Aid kit is maintained by the Medical Representative and replenished quarterly.
 - Annual basic first-aid training (CPR, wound care) is provided to the Coordinator and at least one student volunteer.
- c. **Emergency Response**
 - In case of a serious injury (e.g., suspected fracture, head trauma), the Coordinator or volunteer will:
 - (i) Call the University Hospital's emergency line immediately.
 - (ii) Stabilize the injured individual using available medical supplies.
 - (iii) Notify the individual's emergency contact once they are en route to the hospital.
- d. **Medical Screening (Recommended)**
 - Student-athletes selected for Inter-University teams are encouraged to undergo a sports physical examination at the University Hospital. Screening costs are borne by the student unless covered by external funding.

11. Recognition and Incentives

- a. **Annual Awards and Certificates**
 - **Top Three Finishers:** In track and field events at Annual Sports Day receive medals and certificates signed by the Dean of Student Affairs.
 - **Champion Teams:** Winners of inter-departmental tournaments receive certificates and public acknowledgment.
- b. **Convocation Acknowledgment**
 - Outstanding athletes who represent STU in official competitions may be recognized by name during the annual convocation ceremony.

12. Monitoring, Evaluation, and Continuous Improvement

- a. **Quarterly USC Reviews**
 - Review facility usage logs (participant numbers, frequency of use).
 - Address equipment maintenance or replacement needs.
 - Evaluate budget status and approve minor procurements.
 - Discuss feedback from participant surveys and implement feasible improvements.
- b. **Annual Sports Report**
 - Every year, the Member Secretary submits a report to the Dean of Student welfare summarizing:
 - Number of registered participants.
 - Overview of events conducted and results.
 - Facility upgrades or outstanding issues.
 - Proposed budget and planned activities for the upcoming year.
- c. **Participant Feedback**
 - An end-of-semester Feedback is taken from students to collect input on scheduling, facility adequacy, supervision quality, and suggestions for new activities. USC reviews responses and incorporates improvements as feasible.

13. Conclusion



Sai Tirupati University's Sports Policy provides a comprehensive framework to nurture physical fitness, teamwork, and institutional pride. By delivering well-maintained facilities, offering academic accommodations for athletes, and promoting fair play, STU integrates sports as a core pillar of holistic education. Ongoing monitoring, participant feedback, and scheduled policy reviews ensure continuous enhancement of STU's sports ecosystem, aligning with the university's academic and wellness objectives.

Approved by:

President
Nehal

President

Sai Tirupati University, Udaipur

