



**Event Name: Basic Life Support (BLS) –
Cardiopulmonary Resuscitation (CPR) Training 2026**

Date: 23rd April 2026

Time: 01:30 PM

Venue: Auditorium Hall, PIMS Hospital, Umarda

Organised by: Venkateshwar College of Nursing Umarda, Udaipur.

1. INTRODUCTION

Venkateshwar College of Nursing, Udaipur, successfully organized a Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) training programme for all the students. The programme aimed to equip nursing students with essential life-saving skills required during medical emergencies such as cardiac arrest, respiratory failure, and choking. The training emphasized early recognition, prompt response, and effective resuscitation techniques, reinforcing the core nursing values of care, competence, and commitment to patient safety.

2. OBJECTIVE

General Objectives:

- To enhance knowledge regarding Basic Life Support
- To develop practical skills in CPR
- To promote prompt and effective emergency response
- To reduce morbidity and mortality during cardiac emergencies

Specific Objectives:

- To identify signs of cardiac and respiratory arrest
- To demonstrate correct CPR techniques
- To perform chest compressions and rescue breathing
- To manage choking in adults
- To understand the importance of early emergency activation

3. Definition of BLS and CPR

Basic Life Support (BLS) refers to the immediate care given to a person experiencing life-threatening conditions such as cardiac arrest, respiratory arrest, or airway obstruction.

Cardiopulmonary Resuscitation (CPR) is an emergency procedure consisting of chest compressions and rescue breaths to maintain blood circulation and oxygenation until advanced care is available.

4. Steps of Adult CPR (BLS)

1. Ensure scene safety
2. Check responsiveness
3. Call for help and activate emergency services
4. Check breathing and pulse
5. Begin chest compressions
Rate: 100–120/min
Depth: 5–6 cm
6. Give rescue breaths
Compression to breath ratio: 30:2
7. Continue CPR until help arrives

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Sumi V Mathur

COORDINATOR
IQAC
SAI TIRUPATI UNIVERSITY
UDAIPUR

5. Role of Nurses in BLS

- Early identification of emergencies
- Initiating CPR immediately
- Maintaining airway and breathing
- Monitoring patient response
- Coordinating with healthcare team

6. Conclusion:

The BLS (CPR) training programme was highly informative and practical, enhancing the confidence and competence of students. The programme strengthened their ability to respond effectively in emergency situations and reinforced the importance of timely life-saving interventions. Overall, the programme was a great success and contributed significantly to professional nursing education.

7. Acknowledgement:

We express our sincere gratitude to all those who contributed to the successful completion of the BLS Training Programme.

We would like to thank the organizing committee for their dedicated efforts in planning and executing the event smoothly. Special appreciation goes to the trainers and medical professionals for sharing their valuable knowledge and providing practical guidance.

We are also thankful to the management/administration of **Venkteshwar College of Nursing** for their support and encouragement. Our heartfelt thanks to all participants for their enthusiastic involvement, which made the programme interactive and impactful.


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Ref. No. *VCN/UDR/2026/194*

Date: 18.04.2026

Notice

This is to inform all B.Sc. Nursing & M.Sc Nursing students that a **Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR)** Training Programme will be conducted in the college on Thursday 23 April 2026.

Various demonstrations and hands-on training sessions related to Basic Life Support, CPR techniques, airway management and emergency response will be organized on this day.

Attending the programme is mandatory for all students and attendance will be marked.

For any further details. Please contact your Subject/Class Coordinator.


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VENKTESHWAR COLLEGE OF NURSING

((Established by the Rajasthan State Legislative Assembly and as per Sec. 2(f) of UGC Act 1956.))

Ambua Road, Village Umarda Th. Girwa, Udaipur (Raj.) 313015

Attendance List

Name of Institute: VENKTESHWAR COLLEGE OF NURSING, UDAIPUR

Name of Event: BCLS Training Name of Coordinator:

Venue: 8th Floor Hall (PIMS HOS.)

Date: 23/04/2026

S.No.	Name of Participate	Signature
1	Anil Meghwal (9)	Anil
2	IMRAN KHAN (32)	Imran
3	Konem Raga (59)	Konem
4	Gopa Ram (27)	Gopa Ram
5	Kuldeep Bhudora (46)	Kuldeep
6	Abhishek Salu - (4)	Abhishek
7	Ajeet Singh (6)	Ajeet
8	Abhishek Bhui	Abhishek
9	IMRAN KHAN (31)	Imran
10	Chandam Puri (18)	Chandam
11	Khushi Rana (43)	Khushi
12	Kusum Maida (48)	Kusum
13	Chhet Chema (25)	Chhet
14	Khushi Lohari (42)	Khushi
15	Karishma (40)	Karishma
16	Anju (10)	Anju
17	Crisha Pareji (20)	Crisha
18	Lallena Ahari	Lallena
19	Bhauika Salaniya (16)	Bhauika
20	Khusboo (41)	Khusboo
21	Anurag Rajora	Anurag
22	Naveen Bishnoi (62)	Naveen
23	Jetun Singh (36)	Jetun
24	Amrit Kumar (07)	Amrit
25	Abhishek Damer (02)	Abhishek Damer
27	Devendra Singh (21)	Devendra Singh
28	Krish Jain (45)	Krish Jain
29	Sanya Jain (36)	Sanya Jain
30	Manish (53)	Manish
31	Kuldeer Kumar PARMAR	Kuldeer
32	Dilip Choudhary (12)	Dilip

Authorized signatory

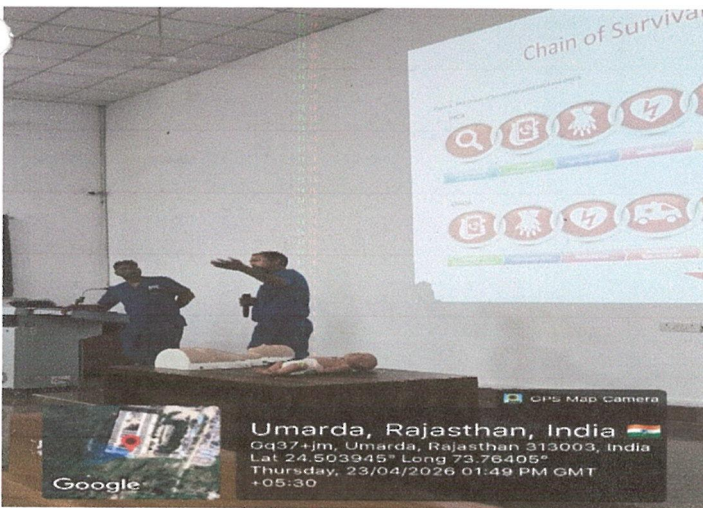
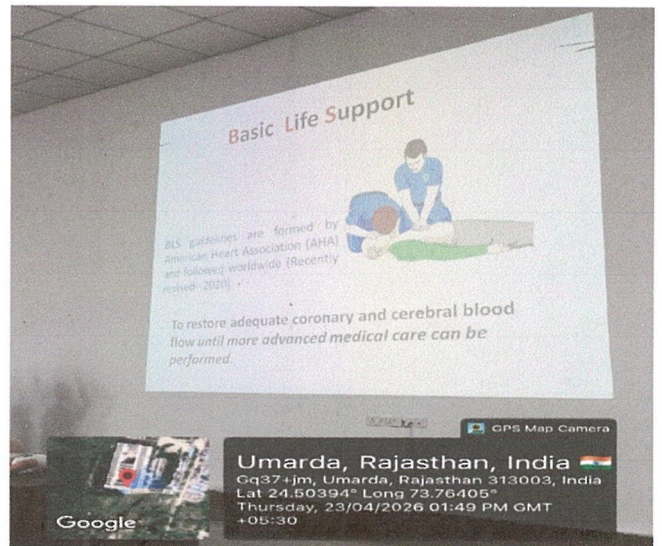
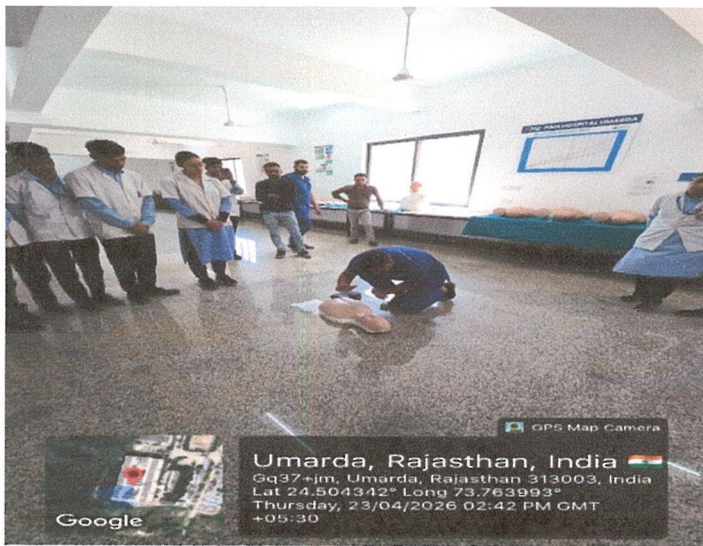
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S. No.	Name of Participate	Signature
33	Jonak Patel (94)	Jonak
34	Payal maica (71)	Payal
35	Sukma (91)	Sukma
36	Lalit Kumar (457)	Lalit
37	Shirendra (89)	Shirendra
38	Rahul Regar (79)	Rahul
39	Sagar Bala (83)	Sagar
40	Rajeev Kumar (81)	Rajeev
41	Naveen Singh (63)	Naveen
42	Pramila Meena (73)	Pramila
43	Pitish Kumar (82)	Pitish
44	Karan Sahu (33)	Karan
45	Yash deep Rao (100)	Yash
46	Anshul Parmar (12)	Anshul
47	Abhishek KR (03)	Abhishek
48	Nehpal Singh (66)	Nehpal
49	Ankit Meethwal (11)	Ankit
50	Bhatta Penn (15)	Bhatta
51	Chandam Kumar (17)	Chandam
52	Lubhanshi (51)	Lubhanshi
53	Paranjit (69)	Paranjit
54	Atul Yadav (14)	Atul
55	Manishankar Kataria (56)	Manishankar
56	Piyush Kumar (72)	Piyush
57	Praveen Kumar (74)	Praveen
58	Surendra wagaria (92)	Surendra
59	Mamod Kumar (55)	Mamod
60	Nikita Choudhary (68)	Nikita
61	Maya (57)	Maya
62	PURVA PATEL (76)	PURVA
63	NEHA PANDEY (65)	NEHA
64	Mamod Karia (54)	Mamod
65	Neha Bagrecha (64)	Neha
66	Mahima Bagrecha (52)	Mahima
67	Ragini Vaishnav (77)	Ragini
68	Tejeshwari Verma (93)	Tejeshwari
69	Vijay Laxmi (96)	Vijay
70	Vimala (97)	Vimala
71	Chandaveer Singh (19)	Chandaveer
72		

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PHOTO



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