



EVENT COMPLETION REPORT

Event Name: Basic Life Support (BLS) –
Cardiopulmonary Resuscitation (CPR) Training 2025

Date: 12th Dec.2025

Time: 11:00 AM

Venue: Seminar Hall, Venkateshwar College of Nursing, Umarda.

Organised by: Venkateshwar College of Nursing Umarda, Udaipur.

1. INTRODUCTION

Venkateshwar College of Nursing, Udaipur, successfully organized a Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) training programme for all the students. The programme aimed to equip nursing students with essential life-saving skills required during medical emergencies such as cardiac arrest, respiratory failure, and choking. The training emphasized early recognition, prompt response, and effective resuscitation techniques, reinforcing the core nursing values of care, competence, and commitment to patient safety.

2. OBJECTIVE

General Objectives:

- To enhance knowledge regarding Basic Life Support
- To develop practical skills in CPR
- To promote prompt and effective emergency response
- To reduce morbidity and mortality during cardiac emergencies

Specific Objectives:

- To identify signs of cardiac and respiratory arrest
- To demonstrate correct CPR techniques
- To perform chest compressions and rescue breathing
- To manage choking in adults
- To understand the importance of early emergency activation

3. Definition of BLS and CPR

Basic Life Support (BLS) refers to the immediate care given to a person experiencing life-threatening conditions such as cardiac arrest, respiratory arrest, or airway obstruction.

Cardiopulmonary Resuscitation (CPR) is an emergency procedure consisting of chest compressions and rescue breaths to maintain blood circulation and oxygenation until advanced care is available.

4. Steps of Adult CPR (BLS)

1. Ensure scene safety
2. Check responsiveness
3. Call for help and activate emergency services
4. Check breathing and pulse
5. Begin chest compressions
Rate: 100–120/min
Depth: 5–6 cm
6. Give rescue breaths
Compression to breath ratio: 30:2
7. Continue CPR until help arrives

Sumi V Mathur

COORDINATOR
IQAC
SAI TIRUPATI UNIVERSITY
UDAIPUR

PRINCIPAL
VENKATESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)

5. Role of Nurses in BLS

- Early identification of emergencies
- Initiating CPR immediately
- Maintaining airway and breathing
- Monitoring patient response
- Coordinating with healthcare team

6. Distinguished Guests and Resource Persons

The programme was honored by the presence of:

Dr. Kanupriya Tiwari, Deputy Registrar

Dr. Vijay Singh Rawat, Principal, VCN

Dr. C. P. Dekhawat, Vice Principal

Heads of departments and faculty members.

7. Conclusion:

The BLS (CPR) training programme was highly informative and practical, enhancing the confidence and competence of students. The programme strengthened their ability to respond effectively in emergency situations and reinforced the importance of timely life-saving interventions. Overall, the programme was a great success and contributed significantly to professional nursing education.



Venkateshwar College of Nursing

(A UNIT OF SAI TIRUPATI UNIVERSITY)

RECOGNIZED BY INDIAN NURSING COUNCIL, NEW DELHI

CIRCULAR

Date: 08/12/2025

NOTICE

This is to inform all B.Sc. Nursing and GNM students that a Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) Training Programme will be conducted in the college on Friday, 12th December 2025.

Various demonstrations and hands-on training sessions related to Basic Life Support, CPR techniques, airway management, and emergency response will be organized on this day.

Attending the programme is mandatory for all students, and attendance will be marked.

For any further details, please contact your Subject/Class Coordinator.


PRINCIPAL
VENKATESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)
PRINCIPAL

PHOTO



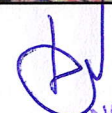




Address: Givwa Udaipur-Rajasthan 313003 India
Latitude: 24.50562597813551
Longitude: 73.76502208273777
12/12/2025 - 12:29:05



Address: Givwa Udaipur-Rajasthan 313003 India
Latitude: 24.50562597813551
Longitude: 73.76502208273777
12/12/2025 - 12:28:53


PRINCIPAL
VENKTESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)