



Event Name: STRESS AND TIME MANAGEMENT

Date: 06<sup>th</sup> April, 2026

Time: 10:00 AM

Venue: Venkateshwar College of Nursing, Umarda & Umarda Village

**Organized by: Venkateshwar College of Nursing, Umarda, Udaipur**

### Introduction

The Venkateshwar College of Nursing, Umarda, Udaipur, issued a notice announcing a skill development program focused on Critical Health Care: Patient Centric Communication for nursing students. The program aimed to equip students with essential tools and techniques to foster effective patient communication, build trust, and ensure clear, respectful dialogue in clinical settings.

### Objective

The primary objectives of the program were:

- To teach nursing students patient-centric communication skills.
- To enable students to build trust and rapport with patients.
- To ensure clear, respectful, and empathetic dialogue in healthcare interactions.
- To enhance the overall quality of patient care through improved communication.

### Event Highlights

- Topic: Critical Health Care – Patient Centric Communication.
- Date: As per the notice, the session was scheduled after the notice date (specific date not given).
- Target Audience: Nursing students of Venkateshwar College of Nursing.
- The session provided practical techniques for connecting with patients and managing communication in critical care scenarios.
- Emphasis was placed on respectful and empathetic interaction to improve patient experiences.

### Outcomes

The program resulted in:

- Nursing students gaining essential communication tools for patient-centric care.
- Improved ability among students to build trust and rapport with patients.
- Enhanced skills in delivering clear and respectful dialogue in clinical environments.
- Better preparedness of students to handle communication in critical health care situations.

### Conclusion

The skill development program on Patient Centric Communication was a beneficial initiative for nursing students, enabling them to acquire vital communication skills necessary for effective patient care in critical health settings. The program contributed to nurturing/compassionate and competent future nursing professionals.

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VENKATESHWAR COLLEGE OF NURSING  
UDAIPUR (RAJ.)

COORDINATOR  
IQAC  
SAI TIRUPATI UNIVERSITY  
UDAIPUR

## Acknowledgement

The success of the program is credited to the faculty and administration of Venkateshwar College of Nursing, Umarda, Udaipur, and the resource persons who guided the students in mastering patient-centric communication techniques.

  
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**PRINCIPAL**



REF: VCN/UDR/2026/203

DATE: 01/04/2026

## **NOTICE**

Venkateshwar College of Nursing Is Pleased Skill Development Program Focused on Critical Health Care: STRESS AND TIME MANAGEMENT for Nursing Students. This session Is Design to Provide Students with Essential Tools and Technique to Connect with Patients, Build Trust and Ensure Clear and Respectful Dialogue. All Students Are Highly Encourage to Attend.

Date:06/04/2026

Venue: Venkateshwar college of nursing, Umarda

  
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UDAIPUR (RAJ.)  
**PRINCIPAL**



# VENKTESHWAR COLLEGE OF NURSING

((Established by the Rajasthan State Legislative Assembly and as per Sec. 2(f) of UGC Act 1956.)

Ambua Road, Village Umarda Th. Girwa, Udaipur (Raj.) 313015

## Attendance List

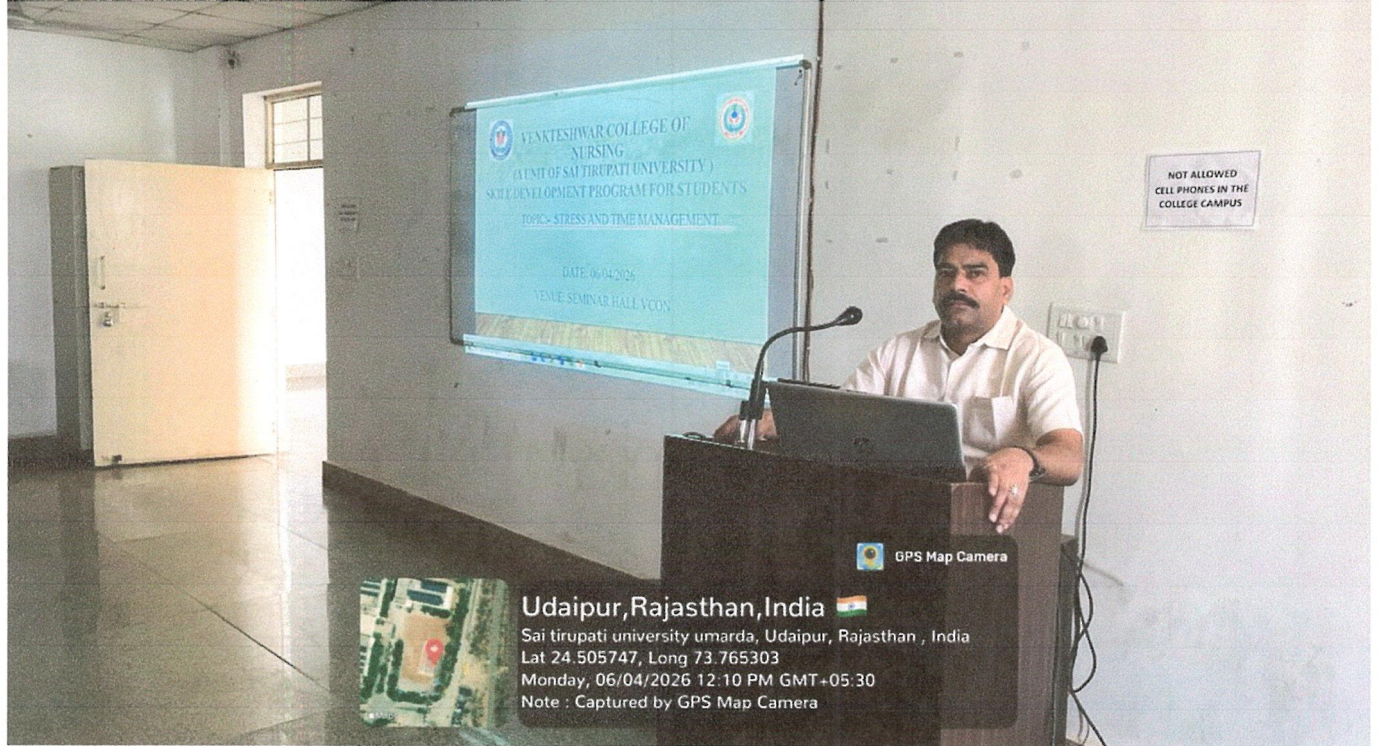
Name of Institute: Venkteshwar College of Nursing, Umarda  
 Name of Event: Stress And Time Management Name of Coordinator: .....  
 Venue: VCON, Umarda Date: 06/04/2026

| S.No. | Name of Participate | Signature      |
|-------|---------------------|----------------|
| 1     | Gopichand Nayak     | Gopichand      |
| 2     | Prakash Dangri      | Prakash Dangri |
| 3     | Khushby Rawat       | Khushby        |
| 4     | Aarti Joshi         | Aarti Joshi    |
| 5     | Anil Kumar          | Anil           |
| 6     | Prakash Kumar       | Prakash        |
| 7     | Hareshwar Singh     | Hareshwar      |
| 8     | Ashish Khandel      | Ashish         |
| 9     | Avinand Kumar       | Avinand        |
| 10    | Sameer Kathat       | Sameer Kathat  |
| 11    | Vijay Salvi         | Vijay Salvi    |
| 12    | Vikas Sharma        | Vikas          |
| 13    | SAMEER KHAN         | Sameer Khan    |
| 14    | Parmar Shripal      | Parmar         |
| 15    | Rekha Kumari Takied | Rekha          |
| 16    | Kanta Patel         | Kanta          |
| 17    | Shalee Kumari       | Shalee         |
| 18    | Bhauka Patidar      | Bhauka         |
| 19    | Laxmi Suthar        | Laxmi          |
| 20    | Himani Malviya      | Himani         |
| 21    | Naveen Patidar      | Naveen         |
| 22    | Hrushik Khandel     | Hrushik        |
| 23    | LAKHAN VAGDA        | LAKHAN         |
| 24    | DILKUSH TELI        | Dilkhush       |
| 25    | MAMTA YADAV         | Mamta          |
| 27    | SHOBHA MEENA        | SHOBHA         |
| 28    | VARSHA SHARMA       | Varsha         |
| 29    | SHAH JAHANVI        | Shah           |
| 30    | Vimle Kumari        | Vimle          |
| 31    | Dinesh Meena        | Dinesh         |
| 34    | DEEPAK MEHTA        | Deepak         |
| 35    | Tejpal Singh        | Tejpal         |
| 36    | Suresh Kumar        | Suresh         |

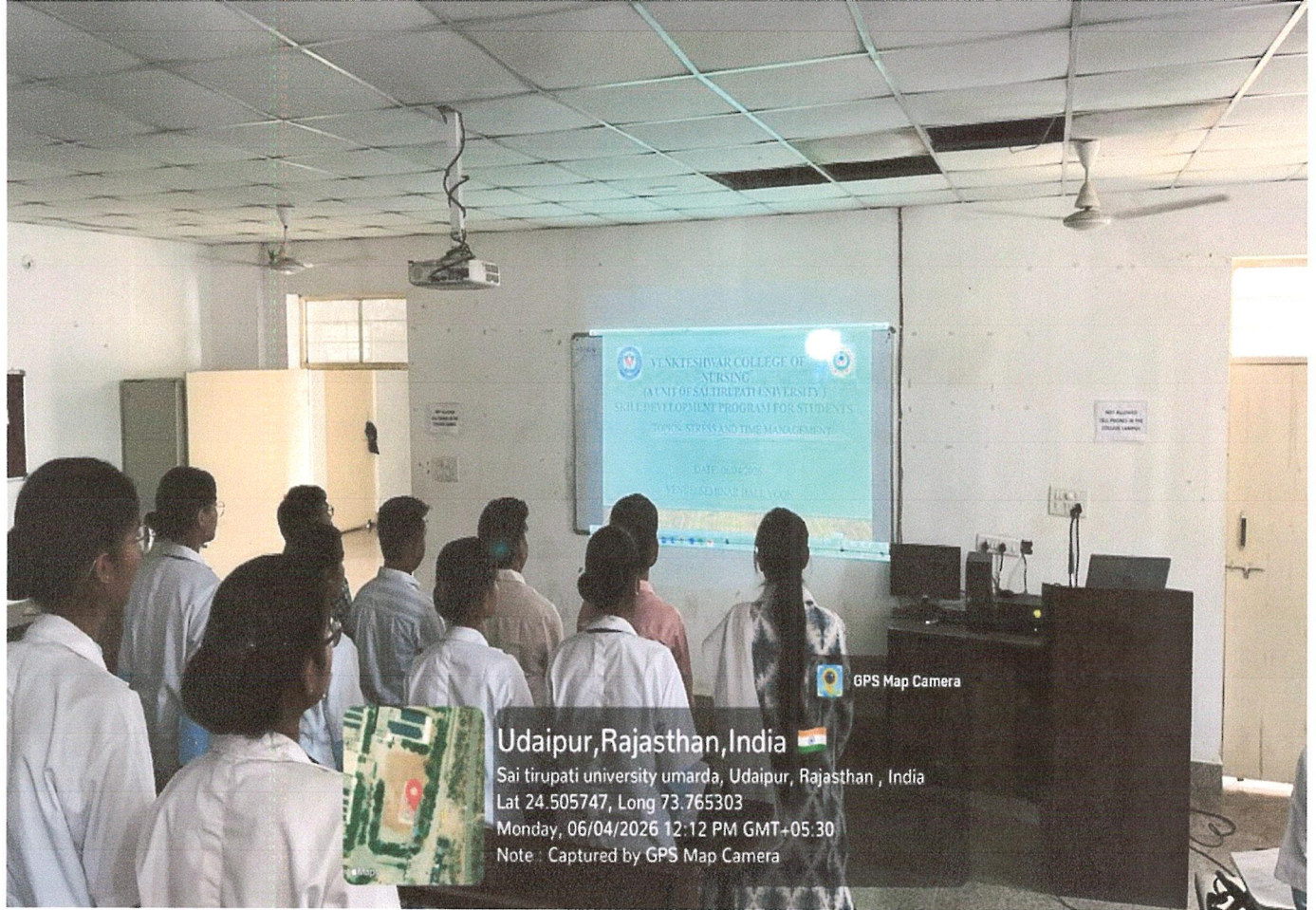
Authorized signatory

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