



EVENT COMPLETION REPORT

Event Name: World No Tobacco Day Seminar 2023

Date: 31st May, 2023
Time: 11:30 AM Onward

Venue: Auditorium, Venkateshwar College of Nursing, Umarda.

Organised by: Venkateshwar College of Nursing, Umarda, Udaipur.

1. Introduction:

As the event coordinator for the seminar on World No Tobacco Day at Venkateshwar College of Nursing, Udaipur. I am pleased to present this report on the insightful session led by Dr. Yogesh Upadhyay.

The seminar was organized to commemorate World No Tobacco Day an annual event aimed at raising awareness about the harmful effects of tobacco use and advocating for effective policies to reduce tobacco consumption.

2. Objectives:

- To educate students and faculty on the various health risks associated with tobacco use.
- To highlight the socio-economic burden of tobacco-related diseases.
- To discuss strategies for tobacco cessation and prevention.
- To empower future nursing professionals with the knowledge and tools to counsel individuals on tobacco control.

3. Key Speaker - Dr. Yogesh Upadhyay:

We were honored to have Dr. Yogesh Upadhyay, a distinguished expert in general medicine, as our keynote speaker. Dr. Upadhyay extensive knowledge and experience in the field provided a comprehensive and authoritative perspective on the global tobacco epidemic.

4. Seminar Highlights:

Dr. Upadhyay presentation was highly engaging and informative, covering a wide range of critical topics. Some of the key highlights included:

- Global and National Tobacco Scenario: Presented startling statistics on the prevalence of tobacco uses worldwide and in India, emphasizing the significant public health challenge it poses.
- Mechanisms of Addiction: Elucidated the addictive nature of nicotine and the neurobiological processes involved in tobacco dependence, helping the audience understand the complexities of cessation.
- Tobacco Control strategies: Outlined various strategies for tobacco control, including legislative measure (e.g., taxation, advertising bans, smoke-free laws), public awareness campaign, and the role of healthcare professionals in counseling and cessation programs.

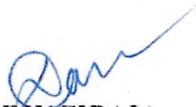
Sumit Mathur
COORDINATOR
IQAC
SAI TIRUPATI UNIVERSITY
UDAIPUR

[Signature]
PRINCIPAL
VENKATESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)

- **Role of Nursing Professionals:** A significant portion of the seminar was dedicated to emphasizing the crucial role of nurses in tobacco control. Dr. Upadhyay encouraged future nurses to actively participate in:
 - Identifying tobacco users.
 - Providing brief interventions and cessation counseling.
 - Educating patients and communities on the risk of tobacco.
 - Advocating for stronger tobacco control policies.
 - **Interactive Session:** The seminar concluded with a vibrant question-and-answer session, where students and faculty enthusiastically posed questions, and Dr. Upadhyay provided insightful responses, further clarifying doubts and reinforcing key messages.

5. Outcomes and Impact:

The seminar successfully achieved its objectives. Attendees gained a deeper understanding of the devastating impact of tobacco use and the importance of collective efforts in combating this global health crisis. The session empowered the nursing students with practical knowledge and a renewed sense of responsibility towards promoting a tobacco-free society. We believe that the knowledge gained will significantly contribute to the professional development of our students and their future roles as advocates for public health.


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UDAIFUR (RAJ.)

Notice

VENKTESHWAR COLLEGE OF NURSING

UMARDA, UDAIPUR

Date: 30/05/2023

To,

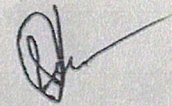
All Faculties
VSN & VCN
Udaipur

This is to inform you, that there will be a seminar on the occasion of world no Tobacco Day on 31st May 2023 at 11:30 A.M. at college Auditorium, Venkateshwar College of Nursing.

Your presence is appreciated and kindly also inform your students.

Speaker: Dr. Yogesh Upadhyay

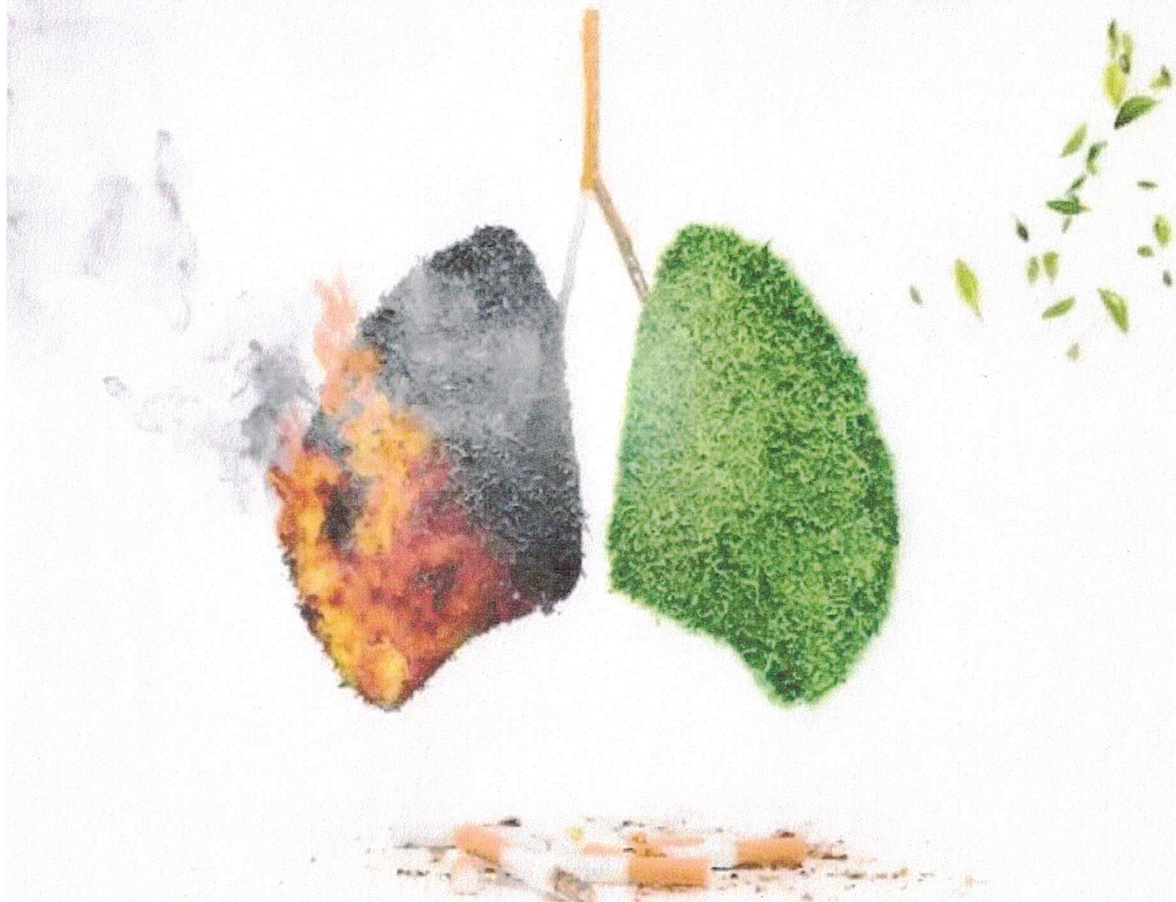
Thanking you.
With regards



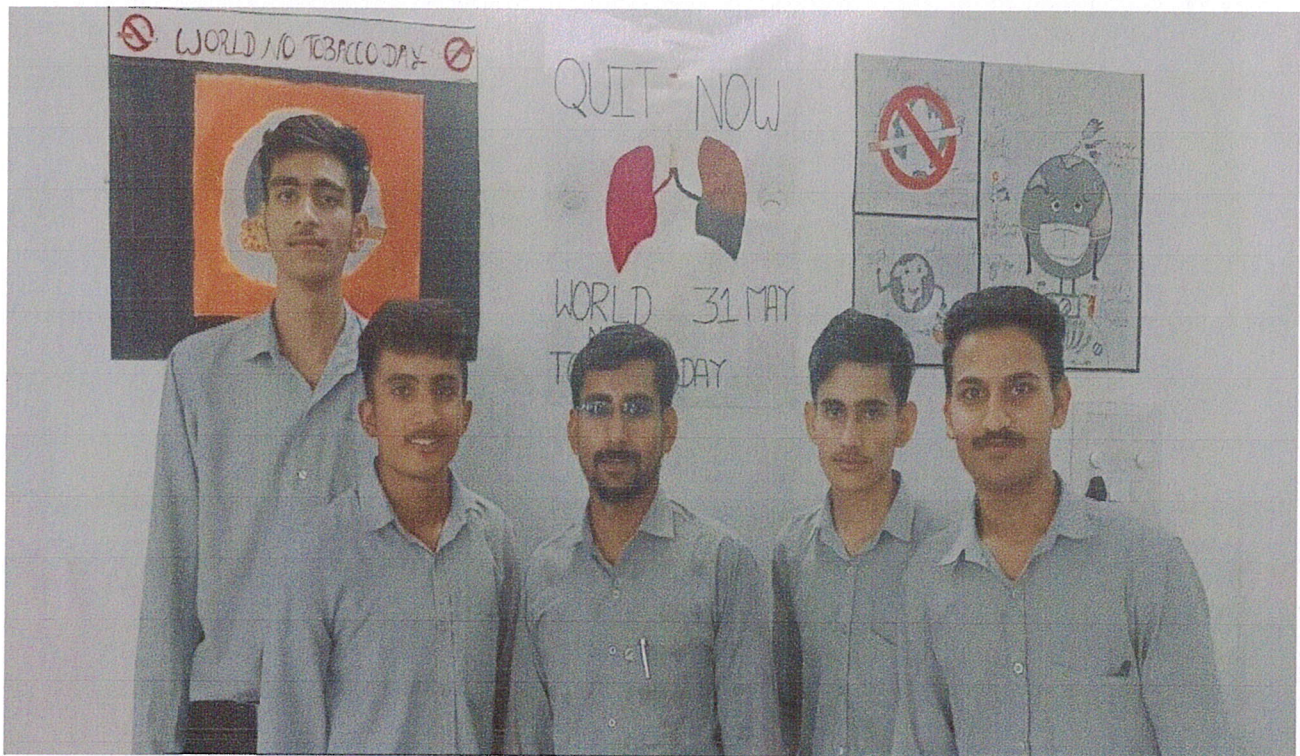
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Poster

31st MAY
World No Tobacco Day



Photo





Name of Event: World No Tobacco Day 2023
Date: 31-05-2023
Place: Ambua Village, Umarda, Udaipur, Rajasthan)

Principal
VENKTESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)