



EVENT COMPLETION REPORT

Event Name: Youth Empowerment Skill (YES+)
Session

Date: 6th November, 2025

Time: 11:30 AM

Venue: Seminar Hall, Venkateshwar College of Nursing, Umarda, Udaipur.

Organized by: Venkateshwar College of Nursing, Umarda, Udaipur.

1. Introduction

This report details the execution and purpose of the specialized **Youth Empowerment Skill (YES+)** Program session organized by Venkateshwar College of Nursing (VCON) in collaboration with **The Art of Living**.

2. Objective

The primary objective of the program is to foster the professional development and overall wellbeing of students. The session is designed to equip participants with crucial non-academic skills necessary for success in their nursing careers and personal lives.

3. Program Details and Focus Areas

The session will be conducted by Mr. Gaurav Vyas, a senior Art of Living faculty member and State Coordinator for Rajasthan, ensuring expert-led instruction. The program's content is focused on several key areas:

- **Soft Skill Development:** Enhancing interpersonal and communication abilities.
- **Health Stress Release:** Techniques for managing and mitigating academic and professional pressures.
- **Happiness and Mind Management:** Practical methods for improving mental clarity and emotional regulation, specifically through meditation.

4. Participation and Target Audience

The program is a mandatory and dedicated session for the following cohorts of students:

Program	Batch/Semester	Estimated strength
B.Sc. Nursing	B.Sc. Nursing 4 th Semester (2023)	Included in total
B.Sc. Nursing	B.Sc. Nursing 5 th Semester (2022)	Included in total
GNM	GNM 1 st year (2024)	Included in total
Faculty	All Faculty Members	Invited to attend

Based on the provided attendance record, a total of 106 students from the designated batches participated in the program, reflecting strong engagement in the college's commitment to holistic student development.

Sumit Mathur
COORDINATOR
IQAC
SAI TIRUPATI UNIVERSITY
UDAIPUR

[Signature]
PRINCIPAL
VENKATESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)

5. Conclusion

The Youth Empowerment Skill (YES+) Program represents a valuable investment in the non-curricular development of the college's nursing students. The high attendance of 150 students, in addition to the presence of faculty members, indicates the significance placed on soft skill training, mental health, and stress management within the institution. The successful completion of this session will directly contribute to producing better-equipped and resilient nursing professionals.

S. No.	Name of Faculty	Signature
1	Mr. Prakash Salvi	
2	Mrs. Maheshvari Patel	
3	Mrs. Neeraj Kunwar	
4	Mr. Akshat Sharma	



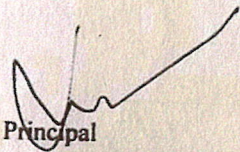
Venkateshwar College of Nursing

(A UNIT OF SAI TIRUPATI UNIVERSITY)
RECOGNIZED BY INDIAN NURSING COUNCIL, NEW DELHI

This circular is to formally invite all faculty member to attend a special **Youth Empowerment Skill (Yes+) Program** session by **The Art of Living** organized by VCON. This valuable session, which focuses on key areas like soft skill, health stress release, happiness, meditation and mind management will be conduct by Mr. Gaurav Vyas senior art of living faculty and state coordinator for Rajasthan.

The participating student for this program include the B.Sc. Nursing 5th semester (2022), and B.Sc. Nursing 4th semester (2024).

Please ensure your timely presence on Thursday 6th November 2025 at 11:30 AM, this program dedicated to professional development and students wellbeing.



Principal

PRINCIPAL
VENKATESHWAR COLLEGE OF NURSING
UDAIPUR (RAJ.)

• Attendance



VENKATESHWAR COLLEGE OF NURSING

((Established by the Rajasthan State Legislative Assembly and as per Sec. 2(f) of UGC Act 1956.)
Ambua Road, Village Umarda Th. Girwa, Udaipur (Raj.) 313015

Attendance List

Name of Institute: Venkateshwar College of Nursing
Name of Event: Skill Development Name of Coordinator: Mr. P. Prakash Salvi
Venue: Seminar Hall Date: 6.11.2025

S.No.	Name of Participate	Signature
1	Kalaram makvana	Kalaram makvana
2	Pushplata Roat	Pushplata Roat
3	Pushkar Salvi	Pushkar Salvi
4	Rahul Khuradi	Rahul Khuradi
5	Sabish narasiya	Sabish narasiya
6	Dhuleshwar Nimani	Dhuleshwar Nimani
7	Mahaveer Gehlot	Mahaveer gehlot
8	Vashta Patel	Vashta
9	Jitendra Singh Chauhan	Jitendra
10	Pawan Singh	Pawan
11	Harion Jafar	Harion
12	Crastendra Dodiya	Crastendra
13	Ramesh meena	Ramesh
14	makeh Kumar Damar	makeh
15	MAYANK HUGR	mayank
16	KISHAN REGAR	Kishan
17	ARMAN MANAT	ARMAN
18	Sumit baman	Sumit
19	Yogesh Kumar Salvi	Yogesh
20	Vinod Kumar meena	Vinod
21	Pankaj Damar	Pankaj
22	AJAY KUMAR DAMAR	Ajay
23	SANTOSH Kulkarni	Santosh
24	Kali Narasiya	Kali
25	Tanishra Sen	Tanishra
26	Kceli Kumari ninema	Kceli Kumari ninema
27	Priyanka khatadi	priyanka khatadi
28	Rani Salvi	Rani
29	Asha Damar	Asha
30	Rashani Narasiya	Rashani
31	Rekha Damar	Rekha

Authorized Signatory

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UDAIPUR (RAJ.)

S.No.	Name of Participate	Signature
32	Pooja Tailor	Pooja
33	Neelu Mali	Neelu
34	Vikash Dama	Vikash
35	Viramdev damor	Viramdev
36	Abijun	Abijun
37	Asha Baiwa	Ansa
38	Diksha Salvi	Diksha
39	Renuka Kumari	Renuka
40	Mamta Acharya	Mamta
41	Ravina Jat	Ravina
42	Jula Jula Kumari	Jula
43	Payal Patel	Payal
44	HARSHITA PATEL	Harshita
45	Radha Kumar	Radha
46	Grunjal Patel	Grunjal
47	Narayan Lal Choudhary	Narayan Lal Choudhary
48	Monshilal	Monshilal
49	Prakash Meena	Prakash
50	Yashwant Singh	Yashwant
51	Chandra Prakash, Jaipal	Chandra
52	Nagvir Singh	Nagvir Singh
53	Ram Charan	Ram Charan
54	Karan Keer	Karan Keer
55	Harshit Kedar	Harshit
56	Vikas dhaker	Vikas dhaker
57	Lokesh Jatiya	Lokesh
58	Haji Khan	Haji Khan
59	Gajendar Meena	Gajendar
60	Manohar meena	Manohar
61	Arun meena	Arun
62	Shanti Lal Salvi	Shanti Lal Salvi
63	Vishal Meena	Vishal meena
64	YOGESH .KUMAR .MEGHWAL	Yogesh
65	Nisha Salvi	Nisha Salvi
66	KHUSHBU AHART	Khushbu Ahart
67	Priyanshi Kalasua	Priyanshi Kalasua
68	KIRAN KUMARI VADERA	Kiran Kumari
69	DIVYA KUMARI DAMOR	Divya

Authorized signatory

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UDAIPUR (RAJ.)

S.No.	Name of Participate	Signature
70	Sheela Damar	Sheela
71	vanita kumar	vanita
72	varkha kumari	varkha
73	Gajendra Bargar	GAB
74	PRAVEEN DANCE	Praveen
75	Kietan garg	Kietan
76	Bhawal mal	Bhawal
77	MAYA CHAUDHARY	Maya
78	Kajal Parmar	Kajal
79	Harita	Harita
80	Roshani	Roshani
81	lately	Lately
82	Pooja	Pooja
83	Jyoti	Jyoti
84	Nisha	Nisha
85	Dipak Kaur	Dipak
86	Darsh	Darsh
87	DEEPAK KUMAR	Deepak
88	Shankar Lal meena	Shankar
89	Dwya kumar	Dwya
90	Ajay Kumar Jaat	Ajay
91	Vikash Parmar	Vikash
92	mitesh kumar	Mitesh
93	Sagar kumar	Sagar
94	Aspit mali	Aspit
95	Anhit Parmar	Anhit
96	Amit	Amit
97	Krishna Paragi	Krishna
98	Arbas Badli	Arbas
99	Arvind Kataru	Arvind
100	Roshan	Roshan
101	Jaypal AAD	Jaypal
102	Pankaj Kataru	Pankaj
103	Khetaram Meena	Khetaram
104	Rajul Chari	Rajul
105	payal kumar	Payal
106	Reena kumari Meena	Reena

Authorized signatory

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• Photos







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